

# Youth rights for Sexual Health Services

In Michigan, minors (young people under 18) have privacy and access rights related to their sexual and reproductive health!

Question 1:  
Which sexual health services require parent permission?

## Parent/guardian permission is...

**REQUIRED**



\*Adoption requires parental consent unless a newborn (less than 3 days old) is legally surrendered to an emergency services provider at a hospital, fire department, or police station.

\*\*Abortions require parental consent unless you go through a judicial bypass process and get a waiver for parental consent. For more information, visit: [my.moash.org/myrights](http://my.moash.org/myrights)

**NOT  
REQUIRED**



\*Most are available over-the-counter with the exception of the "ella" pill, which requires a prescription.

**MAY BE  
REQUIRED**



\*This is left up to "provider discretion" - basically, that means each individual doctor or clinic can decide whether or not they will require parent/guardian permission. You can call and check what their policy is before you make an appointment.

However, if you get services from a Title X provider (read more on the other side), then you do NOT need parent permission.

# Question 2: Will a provider inform your parents/guardians about the services and treatment you receive?

## It depends on where you go for services...

### NON-TITLE X PROVIDER

If you go to a health care provider that is NOT a Title X provider, then it is up to "provider discretion" about whether or not they will inform your parents/guardians about what services or treatment you came in for.

PARENTS  
MAY BE  
INFORMED

### TITLE X PROVIDER

If you go to a health care provider that is a Title X provider ("Title X" refers to the type of funding the provider receives), then all services and treatment you receive will be kept private and confidential\*. You decide whether or not you will inform your parents/guardians about your health care services.

ALL SERVICES  
CONFIDENTIAL

Find a Title X provider online: [bit.ly/TitleXClinicFinder](https://bit.ly/TitleXClinicFinder)



\*There are a couple situations where providers are required by law to break confidentiality, even if they are Title X providers.

1) Providers must report if they suspect abuse or neglect by an adult, if they think someone is at risk of harming themselves or someone else, or if their patient is under 12 and has been sexually active.

2) If a patient tests positive for a STI, providers must report this and share patient information with local and/or state health departments.

## Prepare for your health care appointment!

### BEFORE:



Determine what services you want or need, and whether or not they require parent/guardian permission.



Figure out whether your provider is a Title X provider or not, and decide where you want to get care based on your privacy needs.



Call your clinic or provider. Tell them what services you'd like and ask them what their policy is about parent permission and notification for those services, as well as how and what they charge for those services.

### DURING:



Share your chosen name and pronouns with your provider and clinic staff, and share information about your sexual orientation and gender identity as you are comfortable.



Remind your provider about your privacy needs, and ask them how they are recording your services and treatment in their medical records.



Ask your provider about whether the visit will be billed to your parent's insurance, and how the charge will appear on their statement.