

Parents' and Trusted Adults' Guide to Youth Sexual Health Rights

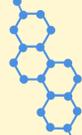
In Michigan, minors (young people under 18) have privacy and access rights related to their sexual and reproductive health!

Question 1:
Which sexual health services require parent permission?

Parent/guardian permission is...

REQUIRED

 HPV Vaccines

 Hormone Therapy

 Adoption*

 Gender affirming surgeries

*Adoption requires parental consent unless a newborn (no more than 3 days old) is safely and legally surrendered to a hospital, fire department, police station, EMT or paramedic, or by calling 9-1-1. For more information on the Safe Delivery of Newborns law go to www.michigan.gov/safedelivery

NOT REQUIRED

 Testing and treatment for STIs (including HIV)

 Pregnancy testing

 Pelvic exams

 Prenatal care

 Health care for the youth's child (if pregnant and/or parenting)

 Emergency contraceptive pills*

*Most are available over-the-counter with the exception of the "ella" pill, which requires a prescription.

MAY BE REQUIRED



Birth control and contraception*

*This is left up to "provider discretion" - basically, this means each individual doctor or clinic can decide whether or not they will require parent/guardian permission. You or the youth can call and check what their policy is before an appointment is scheduled.

However, if a youth gets services from a Title X/Family Planning provider (read more on the other side), then the youth does NOT need parent permission.

Question 2: Will a provider inform you about the services and treatment the youth receives?

It depends on where the youth goes for services...

NON-TITLE X PROVIDER

If the youth goes to a health care provider that is NOT a Title X/Family Planning provider, then it is up to "provider discretion" about whether or not they will inform you about what services or treatment the youth came in for.

PARENTS
MAY BE
INFORMED

TITLE X PROVIDER

If the youth goes to a health care provider that is a Title X/Family Planning provider ("Title X" refers to the type of federal funding the provider receives), then all services and treatment they receive will be kept private and confidential.* The youth decides whether or not they will inform you about the health care services they received.

ALL SERVICES
CONFIDENTIAL

To find a Family Planning Clinic in Michigan:
bit.ly/TitleXClinicFinder



*There are a couple situations where providers are required by law to break confidentiality, even if they are Title X/ Family Planning providers.

1) Providers must report if they suspect abuse or neglect by an adult, if they think someone is at risk of harming themselves or someone else, or if their patient is under 12 and has a sexually transmitted infection or is pregnant.

2) If a patient tests positive for a STI, providers must report this information to the local and/or state health department.

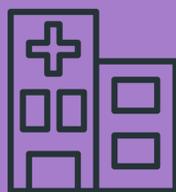
Preparing for the youth's health care appointment you are attending!

Please Note: a trusted adult does not have any rights within a clinic setting, Title X or otherwise. It would be up to the teen to disclose their medical information to the trusted adult. Even if the trusted adult were the emergency contact, the privacy of the client would be upheld, and no medical details would be given out to the trusted adult.

BEFORE:



Help the youth determine the services they want or need as well as if the services require parent/guardian permission.

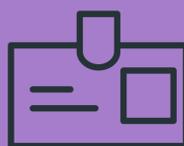


Support the youth to figure out whether their provider is a Title X/Family Planning provider or not. Help the youth get the care they need based on their privacy needs.



Encourage the youth to call the clinic or provider to ask about the services they want to receive. Help them plan to ask how much the clinic charges for those services and what parental permission is required for those services, if any.

DURING:



Empower the youth to share their chosen name and pronouns with their provider and clinic staff, and share information about their sexual orientation and gender identity as they are comfortable.



Remind the youth to talk to their provider about their privacy needs, and ask the provider how they are recording the youth's services and treatment in their medical records.



Remind the youth to ask how the visit will be billed, and how the charge will appear on the health insurance statement.

For more information about communication strategies go to: <https://bit.ly/MOASHcommunication>

For more information about minor consent laws go to: <https://bit.ly/MinorConsentLaws>