What does a sex education advisory board (SEAB)* do?

- Establishes sex education program goals and objectives
- Reviews, recommends, and approves program materials
- Evaluates, measures, and reports effectiveness of program

What are the guidelines for sex education in Michigan?

**REQUIRED**
- Discuss Abstinence as the only 100% effective method of preventing STIs and pregnancy
- Refusal Skills like saying no to sex and not pressuring someone into unwanted touching or sexual activity
- Healthy Relationships what they look like and how to recognize signs of abuse
- State Laws regarding sexuality, age of consent, and teen parenting

**ALLOWED**
- Anything approved by your district’s SEAB

**PROHIBITED**
- Contraception Distribution is not permitted on school grounds
- Abortion cannot be taught as a method of family planning and abortion referrals cannot be made on school grounds

Sex ed looks different in every school district in Michigan. Curriculum is decided at the district level.

*SEABs can be called different things in different districts

**Developed with generous funding from the National Institute for Reproductive Health and United Way of Washtenaw County Opportunity Fund**
As a SEAB member, what is expected of me?

**Membership Composition**

SEABs must contain the following members -

- Parents of students
- Students
- Educators
- Local clergy
- Community health professionals

**Review & Approve Content**

- All sexual education content must be approved by the district’s Sex Education Advisory Board (SEAB)
- As a member, this is your opportunity to recommend content and give input on proposed changes!

**Individual Responsibilities**

- Each SEAB has its own rules regarding frequency, length, and timing of meetings, term of service, and anticipated time requirement
- Talk to your SEAB’s Sex Education Supervisor and chairs for specific information

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What is the formal process for approving content?

SEAB-recommended curricula, materials, and teaching methods used for HIV or sex education offered by a school district must go through the formal approval process:

2 Public Hearings → School Board Approval → As a member, it is your responsibility to attend hearings and advocate for proposed changes.

How can I be an effective SEAB member?

- Be sure your SEAB approves evidence-based content
- Advocate for inclusive content including LGBTQ+ identities and sexual violence
- Survey community youth to determine content desires and needs
- Establish a positive relationship with your district’s school board

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For more information on Michigan’s sex education guidelines and requirements, visit:
https://www.michigan.gov/documents/mdch/Michigans_Sex_Education_Laws_Summary_303019_7.pdf