

Sexual Health for Adolescents Rooted in Equity (SHARE) Education Programs

LiFT

**Linking Families and Teens
(for ages 13+)**

A family enrichment program that has been created to empower adults in their communication abilities with youth, nurture family values, and strengthen family bonds. This program facilitates open discussion of tough topics like sexual health and healthy relationships



\$20 for all participants
Trained facilitators come to you
No cost for training
All materials and resources included

- ✦ Trained facilitators come to YOUR location
- ✦ External resources provided
- ✦ \$20 gift card for youth attendance
- ✦ No cost for training



An evidence-based sexual health education program meant to support young people having agency over their sexual health and wellbeing



Participants will:

- ✦ Increase their knowledge of all things sexual health
- ✦ Learn how to advocate for themselves and what they need
- ✦ Go on to have a greater likelihood of receiving preventative services for sexual health