



michigan organization on
adolescent sexual health



Guide to Gender Affirming Care in Michigan

Your rights in Michigan, resources, and a directory to find
trusted gender affirming care.

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IMPORTANT DISCLAIMER:

Due to recent federal policy changes, there is significant uncertainty around gender marker updates for passports and birth certificates. Some applications are being indefinitely delayed, and there is no clear guidance on how agencies will process these requests moving forward.

At this time, we recommend waiting to submit changes or making international travel plans until more clarity is provided. We encourage you to follow the trusted resources below closely as this situation continues to evolve.


Equality Michigan

- Provides support and education on issues affecting the LGBTQIA+ community
- Actively involved in monitoring policy changes

ACLU of Michigan

LGBT Project

- Dedicated to defending the rights of LGBTQ+ residents through legal action and advocacy
- Closely monitoring recent federal policy changes and their implications for Michigan residents



Inclusion of a resource does not represent endorsement.

This list is based on the best information we have at this time.

Please note that this information is subject to change. We will do our best to keep the resources updated, but if you observe any outdated information in this document, have a suggested addition to the document, or other feedback, please fill out this anonymous [Google Form](#) for correction.

In Michigan, trans people can legally change their names.

To do so, they must:

- Appear before a judge for a court hearing on the name change.
- Publish notice of the hearing in a local newspaper in the county where they live.*
- If you are a minor, you must also obtain parental or guardian consent.
- If you are 22 years of age or older, you must also complete a fingerprint criminal background check.

*Michigan court rules were recently updated to allow a waiver of the publication requirement in certain cases, including when there is a risk of harassment (which may apply to many transgender folx). Here is a [resource](#) on how to pursue this option.

Trans Healthcare and Insurance

- Michigan's Medicaid policy explicitly allows for transition-related care.
- Private insurers cannot refuse to cover healthcare services for trans people that they would cover for cis people in Michigan.⁶
- A therapist's letter is not legally required to start hormones in Michigan, and WPATH standards do not mandate one. However, individual providers may set their own requirements, and some may still require a letter.
- Different healthcare and insurance providers have different policies regarding minors' access to puberty blockers and HRT in Michigan.
 - Minors require parental consent for both puberty blockers and hormone therapy.
- Minors generally need parental consent for medical and surgical care, but minors can receive limited outpatient mental health services, Title X family planning services, and STI diagnosis and treatment without parental consent.⁸
- As of 2024, Michigan legislation now prohibits mental health providers from subjecting LGBTQ+ youth to the abusive practice of conversion therapy.⁹

In Michigan, trans people can legally change their gender markers on their state IDs, licenses, birth certificates, and passports without undergoing medical treatments.

- The Michigan Department of State now offers a nonbinary (X) gender marker option.²
- Recent updates also allow individuals to self-certify their gender marker selection, eliminating the previous requirement for a clinician's approval.
- Trans youth cannot change their names or genders on their birth certificates without a parent or guardian (unless they are emancipated).^{3*}
- The U.S. Department of State allows trans youth to change their gender markers on their passports without medical certification and offers a nonbinary (X) gender marker option.⁴
 - Youth under 16 must have two parents or guardians approve their gender marker change.
 - Youth between 16 and under 18 years old must show that one parent or guardian approves of their gender marker change.⁵

*Michigan birth certificates do not currently offer a nonbinary or intersex marker.

¹[Mich. Comp. Laws § 711.1\(1\).](#)

²[Michigan.gov](#)

³[Mich. Comp. Laws § 711.1\(1\).](#)

⁴[Travel.State.Gov](#)

⁵[Travel.State.Gov](#); [Travel.State.Gov](#)

⁶[Medicaid Provider Manual](#); [LGBTMap.org](#)

⁷[UofM Health](#)

⁸[Michigan.gov](#)

⁹[Michigan.gov](#); [Michigan.gov](#)



Want to view a resources's website? Click the icon/logo to open each resource's website!

MOASH

Michigan Organization on Adolescent Sexual Health

- Sex education with trained facilitators
- Will travel to you, applies anywhere in Michigan
- No cost to participants or organizers
- Youth participants are paid for attendance!



Click me!



This guide was compiled intentionally and with care through research, first hand experience, and peer vouching. Jude Krajnyák, a MOASH staff member, was in charge of research and development of this guide.



Multi - Disciplinary Providers

Aleda E. Lutz Department of Veterans Affairs

- Provides Primary Care and Specialist Services
- Provides Hormone therapy, Substance Use and Alcohol treatment, Testing and Treatment for HIV and Sexually Transmitted Infections (STI), Mental Health Care, Psychosocial Assessments for Gender-Confirming Surgeries, Hormone Therapy, and more

1500 Weiss St. Saginaw, MI 48602

Main 989 - 497 - 2500 | Mental Health: 989 - 497 - 2500 x11959



The U.S. Dept. of Veteran Affairs states that Patient Care Services for LGBTQIA+ veterans includes the following (and other) services for free*: hormone treatment, treatment and prevention of STIs, PrEP, cancer services (screening, prevention, and treatment). Reach out to your VA's LGBTQIA+ Veteran Care Coordinator (VCC) for additional information.

*potential copays may apply

Numerous other LGBTQ+-competent providers for veterans can be found [here](#) (scroll to the bottom of the page for a list).

Catherine's Health Center

Heather Bunting

- Several locations in Grand Rapids and Wyoming, MI
- Offers medical, dental, behavioral health, and gender affirming care
- Accepts a variety of insurance plans, Medicaid, and Medicare, and offers a sliding scale

info@catherineshc.org



Corewell Health (formerly Spectrum Health)

Dr. Van Drunen; Dr. Palazzo; Jennifer Hudson, DO; Dr. Ryan Doyle

- Locations across the Lower Peninsula
- Offers both adult and pediatric care, gender affirming care, primary care, behavioral/mental health services, OB/GYN care, and more
- Accepts most insurance plans, as well as Medicare and Medicaid

100 Michigan St. NE Grand Rapids, MI 49503 | 866 - 989 - 7999



Women's+ Health Collective

"Our mission is to serve both those who have been assigned female at birth as well as those who identify as women, non-binary, or gender queer."

- Provides Hormone Replacement Therapy, Gynecological Care, Sexual Health Care, Pelvic Rehabilitation and Education, Dietician, and Reiki
- Accepts insurance (Priority Health, BCBS/BCN, Aetna, Cofinity, Meritain, United Healthcare, UMR/Optum, ASR, PHP, Humana) and private payment

**630 Kenmoor Avenue Suite 103 Grand Rapids, MI 49546
616 - 600 - 4950**



University of Michigan Health

Comprehensive Gender Services Program

- Provides options for Chest Surgery, Facial Feminization Surgery, Fertility Preservation, Hair Removal, Hormone Therapy, Hysterectomy, Mental Health Services, Orchiectomy, Metoidioplasty, Primary Care, Support Groups, Vaginoplasty and Phalloplasty, Voice Therapy, and other services
- Accepts most insurance plans and private payment

**4250 Plymouth Rd. Ann Arbor, MI 48109 | 734 - 998 - 2150
genderservices@med.umich.edu**



Henry Ford Health System

Transgender Health Services

- Offers Primary Care, Dermatology, Facial Feminization Surgery, Fertility Preservation, Breast-related Surgery, Gender Affirming Hormone Therapy, Preparing for Surgery and Pain Management, HIV and Sexual Health, Voice Therapy, and additional services
- Accepts some insurance plans and private payment

800 - 436 - 7936 or 517 - 205 - 4800



Ruth Ellis Center

- Offers primary care services, including HRT, and behavioral health services

77 Victor St. Highland Park, MI 48203 | 313 - 252 - 1950
info@ruthelliscenter.org



Trans Sistās of Color Project

- Offers healthcare, name and gender marker change assistance, and financial assistance focusing on trans women of color

19641 W Seven Mile Rd. Detroit, MI 48219 | info@tsocpdetroit.org



Planned Parenthood

- Various locations in Michigan
- Provides education, support, and sexual and reproductive health services* for LGBTQIA+ clients, including hormone replacement therapy

*Please note that each Planned Parenthood location has different services and may not provide everything listed above.



Hormone Replacement Therapy (HRT)

Ingham Community Health Centers

Forest Community Health Center (Center for LGBTQIA+ Outreach)

- All providers are accepting, but the following have extensive backgrounds in LGBTQIA+ healthcare: Priti Pathak, MD; S. Hope Dundas, PA-C; Peter G. Gulick, DO, FACP, FACOI; Carol Salisbury, NP; Erik Wert, DO, MPH, FACOI
- Primary Care Services (Preventative maintenance, screening, and testing) with emphasis on LGBTQIA+ health issues, Transgender Hormone Therapy and referral to Gender Affirming Surgical Sites, Transgender Affirming Gynecological Care, HIV/STD Services, Pre-exposure Prophylaxis (PrEP), Post-Exposure Prophylaxis (PEP), HIV Care and Services

2316 S. Cedar Street Lansing, Michigan 48910 | 517 - 887 - 4302



Great Lakes Bay Health Center

Craig S. Weeks, Resident MD

- Family physician providing general primary care across the lifespan, including gender affirming therapy, PrEP/PEP, HIV, and hepatitis treatment
- Accepts Medicare, Medicaid, and private insurance plans

1522 Janes Avenue Saginaw, Michigan 48601 | 989 - 395 - 0506



Be Well Medical Center

- Expertise in HIV and transgender-centered healthcare, most staff are LGBTQIA+ and serve a large LGBTQIA+ population
- Offers Primary Care Services/Family Medicine, as well as Informed Consent Hormone Replacement Therapy, referrals for mental health and other specialists (including surgeons for gender affirming surgeries), laser hair removal, fillers and botox, allergy testing, physicals, sexual health care, in-office labs, and more
- Accepts Medicaid, Medicare, private pay and insurance

1964 Eleven Mile Road Berkley, MI 48072
248-544-9300 | drpaulbenson@doctorbewell.com



Corner Health Center

Comprehensive Gender Services Program

- Provides primary care serving 12-25 year olds and their children
- Offers healthcare and mental health services
 - Includes hormone replacement therapy and hormone blockers, STI treatment and testing, and reproductive care
- Accepts some insurance plans and offers sliding scale payments

47 N. Huron Street Ypsilanti, Michigan 48197 | 734 - 484 - 3600



Gender Affirming Surgeons

Miriam Hadj-Moussa, MD

University of Michigan Medicine, Urology

- Offers treatment of erectile dysfunction (including penile implants), gender confirmation surgery, general urology and other interventions

1500 E Medical Center Dr. SPC 5330 Ann Arbor, MI 48109
19900 Haggerty Rd. Suite 111 Livonia, MI 48152
734 - 936 - 7030



Dr. Kenneth Wolf, Plastic Surgeon

- Offers top surgery/double mastectomy, breast implants, laser hair removal, and other procedures
- Does not accept insurance, private payment only

6615 Commerce Rd. Suite 100 West Bloomfield, MI 48324
248 - 363 - 9413 | wolf@kwolfmd.com



Dr. Laura Garca-Rodriguez

Henry Ford Health Systems

- Offers facial feminization surgery (FFS)
- Accepts some insurance plans

19401 Hubbard Drive Dearborn, MI 48126 | 800 - 436 - 7936



Queer & Trans-Friendly Psychological Professionals

Thomas J. Herbst, MD

- Psychiatrist and mental health professional
- 35% of his patient population identifies as LGBTQ+
- Accepts Medicare, Medicaid, and private insurance plans

202 East Washington St. Ann Arbor, MI 48104
217 Knowles St. Royal Oak, MI 48067
734 - 327 - 9322

Genesee Community Health Center

- Medical Clinic w/ Mobile Option, Medication Assisted Treatment Programs, Behavioral Health, and more
- Open weekdays 8:30AM-4:30PM, except Wednesdays 8:30AM-1PM
- Provides care to all, regardless of insurance status or ability to pay

420 W 5th Ave. Flint, MI | 810 - 257 - 3705



Genesee Health Systems (GHS)

- Mental Health Services
 - Crisis Services: 810 - 257 - 3740
 - Toll Free: 877 - 346 - 3648
 - TTY: 810 - 232 - 6310
- Available 24hrs a day



Affirmations LGBTQIA+ Community Center

- Lists of LGBTQIA+ friendly homelessness resources, mental wellness and health resources, domestic violence support, and resources for parents
- Virtual support and discussion groups
- Teletherapy by inquiry

290 W 9 Mile Rd. Ferndale, MI 48220 | 248 - 398 - 7105
info@goaffirmations.org



Amy Byerley, PhD

Corewell Health Helen Devos Children's Hospital

- Primary Specialty in Pediatric Psychology
- Primarily cares for Children, Sleep Wellness, Anxiety Disorders, Depression, Pediatric Pain, Pediatric Sleep Disorders
- Accepts Medicaid, Medicare, private pay, and insurance

35 Michigan St NE Suite 3003 or 5201 Grand Rapids, MI 49503
616 - 267 - 2200



Rosemary A. Jozwiak & Associates

- Offers psychotherapy, life success coaching, holistic health services, specializing in LGBTQIA+ related care
- Accepts some insurance and private pay (including an income-based sliding scale option)

524 E. 4th St. Royal Oak, MI 48067
therapy4you.info@gmail.com | 248 - 546 - 9402



Inspire Behavioral Health

- All therapists are experienced in working with diverse populations
- Specialty in addiction treatment, clinic uses evidence-based practices including cognitive behavioral therapy, dialectical behavioral therapy, motivational interviewing, mindfulness, twelve step facilitation, and trauma-informed interventions
- Accepts Medicare, private pay, and private insurance plans

3001 Plymouth Rd. Suite 101 Ann Arbor, MI 48105
734 - 929 - 4741



Antonia Caretto, Ph.D., PLLC

BeTreatedWell

- Clinical Psychologist specializing in the treatment of Obsessive-Compulsive Spectrum Disorders, Gender Variance and Dysphoria, and Seasonal Affective Disorder
- Trilingual in English, Spanish, and Italian
- Self identifies as genderqueer
- Private payment only, but patients may be reimbursed by insurance

25882 Orchard Lake Rd. Suite 201 Farmington Hills, MI 48336
248 - 553 - 9053

Antonia Caretto,
Ph.D., PLLC

Grand Rapids Specialty Therapy

- Specializing in sexual wellness; relationship care; infertility, pregnancy, postpartum and parenting; LGBTQIA+ clients; body diversity
- Accepts most major insurance providers and private pay (with a sliding scale)

630 Kenmoor Ave SE Suite 103 Grand Rapids, MI 49546
2450 44th St SE Suite 302 Kentwood, MI 49512
hello@GRSpecialtyTherapy.com



Substance Abuse and Mental Health Services Administration (SAMHSA)

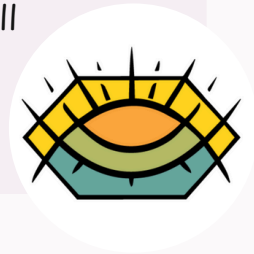
- 24-hour, 365-day per year helpline: 1 - 800 - 662 - HELP (4357)
- Free referrals and locator for mental health and substance abuse services
- Online resources for treatment and care options



Radical Well-Being Center

- Offers psychotherapy for individuals, couples, and families, group therapy, massage, reiki and decolonized healing and energy work, nutrition counseling from a non-diet/Health at Every Size/intuitive eating perspective, educational workshops, and community events
- Focuses on serving historically marginalized communities, including BIPOC, LGBTQIA+, disabled people, and those in non-traditional relationships
- Accepts Medicare, Medicaid, private pay and private insurance plans, as well as an income-based sliding scale option

20411 West 12 Mile Rd. Suite 101 Southfield, MI 48076
866 - 703 - 1901



Connally Counseling

- Agency comprised of therapists who are advocates and members of the LGBTQIA+ community
- Committed to providing culturally affirming care to Gay, Lesbian, Bisexual, Transgender, Intersex, and Queer-Identified folk

3300 Washtenaw Ave, Suite 260,
Ann Arbor, MI 48104

information@connallycounseling.com | 734 - 276 - 5772



The Connection Youth Services

- Works to increase young people's access to safe and stable housing, connections to school and employment, enhance social and emotional well-being, increase self-sufficiency, and help to build permanent connections with families, communities, schools, and other positive social networks.
- Offers a transitional living program, drop in center, street outreach & prevention, and temporary housing program
- Drop in center has various support groups, including an LGBTQIA+ group
- Offers **free** individual and family therapy
- Offers 24/7 assistance line: 1-866-440-SAFE (7233)

616 W Grand River Avenue Howell, Michigan 48843
866 - 440 - 7233



Wild Ferns Wellness

- Dedicated to centering and supporting the holistic needs of Women, Black, Indigenous and People of Color (BI-POC) as well as LGBTQIA2S+ folks and allies. Wild Ferns Wellness Center provides an affirming and safe space to those who enter.
- Offers a variety of services including electrolysis, massage therapy, therapy, life coaching, photography, videography, voice coaching, and more!
- Therapy and life coaching available in-person or virtually

2929 Covington Court LL Lansing, Michigan 48912
Phone Number Directory



Stand with Trans

- Offers therapy services with a wide range of specialties
- Accepts insurance and self pay, including sliding scale option



LGBTQIA+ Friendly Healthcare

The Corner Health Center

Dr. Van Drunen; Dr. Palazzo; Jennifer Hudson, DO; Dr. Ryan Doyle

- A primary care office serving 12-25 year olds and their children
- Offers a full range of health care, mental health, and support services
- Accepts health insurance, offers some free and low-cost services

47 N. Huron St. Ypsilanti, MI 48197 | 734 - 484 - 3600



Kara Jencks, MD

University of Michigan Canton Health Center

- Internal medicine provider that has developed medical health curriculum for medical students, nursing students, physical therapy students, and occupational therapy students
- Currently working on LGBTQIA+ health projects in Ann Arbor with Michigan Medicine
- Bilingual in English and Spanish
- Accepts Medicare, Medicaid, private insurance and payment

1051 N. Canton Center Rd. Canton, MI 48187
734 - 936 - 4000



Dr. Paige Paladino

Somerset Gynecology

- Provides gender-affirming Obstetrics and Gynecology (OB/GYN) services
- Accepts most forms of insurance

3290 W Big Beaver Rd. Troy, MI 48084 | 248 - 816 - 9200



Voice Training Professionals

Mosaic Speech Therapy

- Provides voice training services/Transgender Voice Modification
- Accepts some insurance plans and private payment

4572 S. Hagadorn Rd. Suite 2A East Lansing, MI 48823
517 - 220 - 4974 | waldmanspeechtherapy@gmail.com



Elizabeth Terrel

- Locations in Kalamazoo, Michigan and Chicago, Illinois
- Provides training in voice, movement, and image for gender diverse clients



Duncan Lake Speech Therapy

- Offers "Gender Affirming Voice and Communication Modification" Services
- In person and teletherapy appointments available
- Accepts some insurance plans and private payment

3737 Lake Eastbrook Boulevard SE Suite 218
Grand Rapids, MI 49526
616 - 528 - 0870



Carl's Center for Clinical Care & Education

Central Michigan University

- Provides services in audiology, SLP, PT and psychology

1280 East Campus Drive - Health Professions Building 1101
Mount Pleasant, MI 48859
989 - 774 - 3904



Wild Ferns Wellness

- Dedicated to centering and supporting the holistic needs of Women, Black, Indigenous and People of Color (BI-POC) as well as LGBTQIA2S+ folks and allies. Wild Ferns Wellness Center provides an affirming and safe space to those who enter.
- Offers a variety of services including electrolysis, massage therapy, therapy, life coaching, photography, videography, voice coaching, and more!

2929 Covington Court LL Lansing, Michigan 48912
Phone Number Directory



Laser Hair Removal / Electrolysis

Tiffney's Electrolysis

Permanent Hair Removal



2474 Nerrida St.
Flint, MI 48532



810 - 733 - 8280

Mirkin Electrology

By appointment only



15851 US 27 #620,
Lansing, MI 48906



517 - 927 - 9463



Dr. Kathleen Gilmore

Cosmetic Skin Laser Center

- Offers laser Hair Removal, tattoo removal, facial feminization with Botox and filler, PRP treatment for hair restoration, body contouring (fat reduction and skin tightening), sweat reduction"

315 E. Eisenhower Parkway Suite 8 Ann Arbor, MI 48108
855 - 797 - 7623



Greater Lansing Electrology

Free consultations available



106 West River Street Suite A
Grand Ledge, Michigan 48837



517 - 627 - 1129



Pinnacle Dermatology

Hair removal + restoration services



Several locations in
and near Flint



833 - 257 - 7546



Wild Ferns Wellness

- Dedicated to centering and supporting the holistic needs of Women, Black, Indigenous and People of Color (BI-POC) as well as LGBTQIA2S+ folks and allies. Wild Ferns Wellness Center provides an affirming and safe space to those who enter.
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2929 Covington Court LL Lansing, Michigan 48912
Phone Number Directory



Directories

Michigan Certified Gender Identity Therapists Directory National Association of Social Workers (NASW)

Directory of certified gender identity therapists in Michigan with contact information and age groups served



B.UR.SLF

Offers a healthcare directory of trans-friendly providers in Michigan



OutFront Kalamazoo

Provides a compiled list of trans therapy and healthcare resources

340 S. Rose St. Kalamazoo, MI 49007 | 269 - 349 - 4234



OutCare

Searchable list of LGBTQIA+ competent healthcare providers



Community Mental Health Associations of Michigan

Directory of community mental health services and their locations in Michigan



LGBTQ+ Healthcare Directory

Offers a free, searchable database of all kinds of doctors, medical professionals, and healthcare providers who are knowledgeable and sensitive to the unique health needs of LGBTQIA+ people



Grand Rapids LGBTQ+ Healthcare Consortium

Offers an LGBTQIA+ Patient Navigator Program, resources for healthcare professionals and patients, a healthcare directory, and more

info.grlgbtqhcc@gmail.com | 616 - 540 - 0967



Trans Lifeline

Resource library with a wide variety of resources for both trans/gender diverse people and allies



Trans Health Care

Features a searchable directory of gender affirming surgeons by location and specialization



Queering Medicine

Offers a healthcare directory of LGBTQ-friendly providers in the Lansing area



WPATH Provider Directory

A searchable directory of transgender-friendly professionals in numerous fields



Transgender Michigan's TransPages

- Directory of services and resources available in Michigan
- List of numerous categories (i.e. hair removal, dentist, dermatology, etc.) for viewers to browse
- Listings are comprised of businesses and organizations who have made a special effort to be inclusive of the transgender community



Stand with Trans' Trans Lifeline Library

- A regularly updated suite of resources on numerous topics including (but not limited to) care providers, parents of trans youth, legal, healthcare, etc.



Miscellaneous Links and Resources

Imi

Guides built for and with LGBTQIA+ teens to help you explore your identity and support your mental health



Q Chat

Provides digital support groups for LGBTQIA+ teens



Transcend the Binary

Provides support groups and other resources for gender diverse people in Michigan



Transgender Map

Vast resource page for transgender and intersex people, as well as individuals questioning their gender



Transgender Michigan's Common Questions Page

Includes information related to medical transition, name and gender marker changes



Grand Rapids Pride Foundation Scholarship

Provides academic scholarships, name change and legal document update assistance, free gender affirming items, trans social groups, professional clothing closet

343 Atlas Ave SE Grand Rapids, MI 49506 | 616 - 719 - 1623



Grand Rapids Pride Center

Offers a variety of support groups and regular events, as well as programs to help LGBTQIA+ community members access health care and therapy services

**343 Atlas Ave SE Grand Rapids, MI 49506
info@grpride.org | 616 - 458 - 3511**

