

Sexual Assault Prevention

How you can get involved

Individual Impact

Here are different ways to make an impact at an individual level.

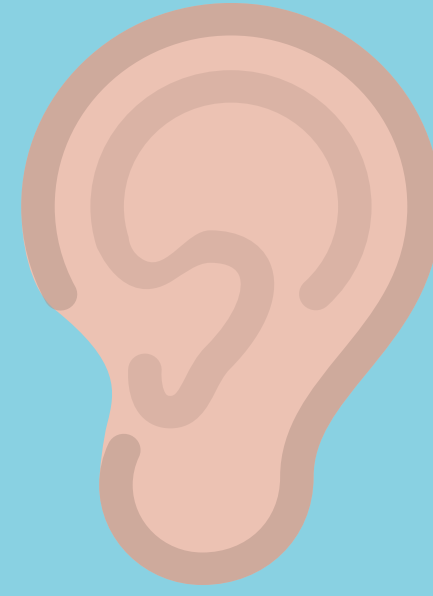


Educate yourself and others about sexual assault and consent!



Be an active bystander- direct, distract, delegate, and delay in a situation!

Call out rape culture and victim blaming behavior.



Believe and support survivors- if you are a survivor take care of yourself.



Practice consent in sexual and non-sexual situations!



Community Impact



Volunteer at your local sexual assault crisis center

Such as movie screenings, speakouts, and social media campaigns

myconsentday.org

Hold awareness campaigns and events in your community about sexual assault and consent

<http://nomore.org/saam/>



Institutional Impact

Contact your lawmakers and institutions about the following issues



Advocate for clear consent laws



Make sure your school educates students on title IX rights



Support sex education that teaches about consent



Support legislation to hold perpetrators accountable

Resources

Michigan Organization on Adolescent Sexual Health
moash.org
myconsentday.org

No More
<http://nomore.org/saam/>

Michigan Coalition to End Domestic and Sexual Violence
<http://www.mcedsv.org/>

Only with Consent
<http://onlywithconsent.org/>

National Sexual Violence Resource Center
<http://www.nsvrc.org/>

National Sexual Assault Hotline
1-800-656-4673

Crisis Text Line
TEXT "CONNECT" TO 741741

Know Your IX
<http://knowyourix.org/>

Rape, Abuse & Incest National Network
<https://www.rainn.org/>

End Rape on Campus
<http://endrapeoncampus.org/>

Stop Sexual Assault in Schools
<http://stopsexualassaultinschools.org/>